Tennessee Center for the Study and Treatment of Dyslexia

Winter 2019

1993-2018

Still Meeting the Challenge of Dyslexia and Reading Underachievement

Much has changed since the establishment of the Center for Dyslexia in 1993. Technology now inhabits every aspect of our lives, and the types of skills required to be competitive in today's economy have changed. As a result, literacy is the most fundamental life skill that a child must achieve to be a citizen of the 21st century.

In 1992, only 27 percent of the children in Tennessee were proficient readers.

Today that number is 41 percent. While this trend is in the right direction, the majority of the children in our state are not proficient readers, and we are obligated to ensure that they receive the educational experiences needed to achieve literacy. As we commit ourselves to this obligation, we must always remember that, just as in 1993, some children across the state struggle to read in spite of applying themselves and being given the best classroom instruction educators can provide.

The heartbreaking reality is that these children underachieve due to no fault of their own. This is the reality of dyslexia.

It is within this context that the center still remains committed to its founding principles as exemplified by its three pillars of excellence:

Research, Educator Training, and Community Service and Outreach. And, it is on these pillars that we continue to build our efforts to ensure that every child in the state is provided with empirically validated instruction to develop the skills needed to become literate citizens of the 21st century.

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Research Matters

Current Research Projects

The Research Laboratory at the center is actively engaged in several exciting projects led by our Chair of Excellence, Tim Odegard, and our new assistant director of educational services and research initiatives, Emily Farris. Several of these projects strive to inform efforts to identify and intervene with children who are at-risk for or who are experiencing reading underachievement. For example, we are exploring how children's persistence in the face of adversity and attention to written language impacts their reading abilities. These efforts build on a theoretical model that describes how cognitive and language

abilities, as well as social and emotional skills, may serve as protective factors in students to minimize the negative impacts associated with reading disability on their learning outcomes.

A generous gift from the International Dyslexia Association is supporting an investigation into the impact of simultaeous multi-sensory instructional techniques within direct instruction of reading on student progress. An advisory committee composed of leading experts in reading intervention from across the country continues to guide this effort, and we expect to start data collection in late spring. We will directly compare the use of different versions of instructional

techniques across groups of children receiving reading intervention.

We are especially excited to be using our new 64 channel EEG suite to allow us to look at more refined differences in the activation and coordination of distributed brain regions supporting the development of children's reading skills.

Center research was showcased in one of the research colloquia chaired by Odegard at the 2018 annual conference of the International Dyslexia Association held in Manshantucket, Connecticut, in October.

We invite you to visit the research section of our website, mtsu.edu/dyslexia, to learn more about our research activities.



Emily Farris, Ph.D., assistant director for educational services and research initiatives

Emily Farris has joined the staff as assistant director of educational services and research initiatives. She completed her Ph.D. in Experimental Psychology at the University of Texas-Arlington and her postdoctoral fellowship in psychiatry and neuroscience at the University of California-San Francisco under the mentorship of Dr. Fumiko Hoeft.



Tim Odegard, Ph.D., chairholder, Kitty Murfree Chair of Excellence in Dyslexic **Studies**

Tim Odegard serves as the associate editor of Annals of Dyslexia and on the editorial board of Perspectives on Language and Literacy. These official publications of the International Dyslexia Association feature peer-reviewed research, as well as practical articles for educators, respectively.



Recent Findings

Dyslexia Legislation and the Identification of Dyslexia

There has been a proliferation of state laws intended to auide efforts to identify and intervene on behalf of children who struggle to read due to dyslexia. Many have cheered the passage of these laws, while others have objected, arguing that these laws result in the gross overidentification of dyslexia. Proponents and detractors alike rarely provide actual data to support their arguments. Anne Phillips, a Ph.D. student in MTSU's Literacy Studies program, collaborated with Tim Odegard to address the need for data to inform the public discourse surrounding dyslexia and reading underachievement. Their research on the impact of dyslexia legislation across the country on the identification rates of specific learning disability and dyslexia was published in the flagship research journal of the International Dyslexia Association, Annals of Dyslexia.

Given that most states define dyslexia as a form of a specific learning disability, one might expect to see a jump in the identification rates of specific learning

disability in states after they implemented a dyslexia law. However, the research shows that identification rates have not spiked in states with dyslexia laws. In addition, Phillips and Odegard also analyzed data from two states that mandate public schools to report their identification rates of dyslexia. Schools in both states identified dyslexia at rates that were below the most conservative estimate of dyslexia, which is 5% of the school-aged population. Identification rates became even lower when looking at middle and high school students. The majority of schools do not identify even a single child as having dyslexia in 6th grade and above.

While some may continue to argue that dyslexia legislation leads to the gross overidentification of dyslexia, the data simply do not support these claims. Sadly, the data suggest that even with dyslexia legislation in place, states are still struggling to identify children who have difficulty with reading due to dyslexia.

These data stress the need for the center to continue its work to aid educators in their efforts to identify and address the instructional needs of all children who struggle with reading, especially those whose difficulties are the result of dyslexia.

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Instruction Matters

What Is Structured Literacy Instruction?

The term Structured Literacy refers to an approach to reading and spelling instruction that embodies key teaching methods and essential language content. The systematic and explicit approach of Structured Literacy instruction is very effective for students with characteristics of dyslexia, and, as indicated in the infographic, there is considerable evidence that it benefits all developing readers.

Structured Literacy instruction is Artwork by Dean Stanton distinguished by (Lyon, 1998; NRP, 2000; IDA, 2015; Hempenstall, 2016) several key methods. Literacy content is taught in a systematic and cumulative manner. This means that content is organized from the most frequent and basic concepts of language to those that are more difficult, and that each subsequently introduced concept or skill is based on those previously learned. Instruction is also explicit, meaning all concepts are directly taught with abundant student-teacher interaction that allows for modeling, practice, and prompt corrective feedback. Diagnostic teaching ensures that instruction is differentiated based on continuous assessment of

The Ladder of Reading 5% Learning to read seems effortless Advantaged by a 35% structured Learning to read is relatively easy with broad instruction literacy approach 40 to 50% Learning to read proficiently requires code-based explicit, systematic, and Structured sequential instruction literacy approach essential 10 to 15 % (Dyslexia) Learning to read requires code-based explicit/systematic/sequential/diagnostic instruction with many repetitions © N. Young, 2012 (updated 2017) Nancy Young Reading Spelling Writing

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individual student needs and progress.

The language concepts essential to Structured Literacy instruction are:

- phonological and phonemic awareness (the sound structure of spoken words)
- sound-symbol association (including blending and segmenting for reading and spelling)
- syllabication (knowledge of syllable types and syllable division patterns)
- morphology (study of word meanings through base words, roots,

- prefixes, and suffixes)
- syntax (sentence construction and grammar)
- semantics (constructing) meaning form written language)

The Center's Dyslexia Success Series and district workshops are designed to increase educator depth of knowledge with the language concepts and instructional delivery methods characterized by Structured Literacy instruction.



Tools for Educators

Student Literacy Profile: Organizer for Student Data

The Student Literacy Profile was developed by center staff as a tool to aid schools in their efforts to identify a student's instructional needs in the area of literacy. This two-page graphic organizer allows teams to compile data about a student's literacy skills collected from a variety of sources, including:

- parent and teacher observations
- curriculum-embedded measures (CEM)
- curriculum-based measures (CBM)
- individually administered tests of achievement and phonological processing

Schools may use this tool to reveal which areas of literacy development are strengths or weaknesses for a particular student. This will help determine which skills should be targeted for reading instruction and intervention. The Student Literacy Prolfile also supports school teams in their efforts to identify students with characteristics of dyslexia.

Version 3 of the Student Literacy Profile, updated in October 2018, includes a detailed overview and directions for use. You can download a copy from the Educator and Parent Resources section of our website at mtsu.edu/dyslexia/publications.php.

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Date: Grade:			P.C	-	
Student Name:	-	_	E G	B se	2
Reading Instruction:	Observational	Information	Curriculum Embedded Measurement (CEM)	Curriculum Based Measurement (CBM	Norm Referenced
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Is the student currently receiving intervention? Yes No If yes, please indicate: Special Education Tier 2 Tier 3 Is there a family history of reading / spelling difficulties? Yes No	P	Т	Curri	Mea	2
ACADEMIC LANGUAGE SKILLS					П
Vocabulary: Non-Reading measure					\vdash
Vocabulary: Reading measure (When word reading deficits are documented, use a non-reading measure.)					
Listening Comprehension (When deficient, assess vocabulary.)					
READING SKILLS					
Reading Comprehension (When deficient, assess listening comprehension and reading fluency.)					
Reading Fluency - Rate: wcpm (When deficient, assess word reading and decoding efficiency.)					
 Reading Fluency - Accuracy (When deficient, assess word reading and decoding efficiency.) 					
Word Reading Efficiency (When deficient, assess word reading accuracy.)					
Phonological Decoding Efficiency (When deficient, assess decoding accuracy.)		_			L
* Word Reading Accuracy					
Phonological Decoding Accuracy					
* SPELLING					
PHONOLOGICAL PROCESSING					Г
△ Phonological Awareness					
△ Phonological Memory					
Δ Rapid Automatized Naming 🖒					
Place + in those cells for areas that the student demonstrates proficiency Place - in those cells for areas that the student does not demonstrate proficiency Place N/A in those cells for areas that data is unavailable		O P T	Denotes a Represents Represents	Parent	
 Characteristics of dyslexia are marked with an asterisk. Students with characteris with deficits in all of the marked areas. 	tics of	dysle	xia do not	have to pr	esei
Δ Phonological processing areas associated with dyslexia					
Use this graphic organizer to compile available data and information about a stu- location. The resulting snapshot will reveal a pattern of strengths and weaknes development. This information can be used to identify skills deficits to guide in used to support the identification of students with characteristics of dyslexia.	ses re	lated	to the st	udent's lit	
Although it is not always necessary to obtain data for each of the listed skills, w important that the skills that support those deficits are investigated to detect a					

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	ary Facto	ors					
Reflecting on educat	on the stonal pe	tudent's background and rformance to ensure the ading achievement. Any	y are ruled	d out as pr	imary reason	s for the stud	lent's present
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□ Yes							
☐ Yes		Consistent school atter					
☐ Yes		Appropriate core readi Hearing, visual acuity			461 III		
☐ Yes	□ No				tilli iloiillai i	IIII(2)	
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ennington complen urther sup	, 2011). nent the s port scho	(i.e., dyslexia) in school-age Parents and teachers can u tudent's skills assessment: ol-based identification of c	se this scal s. It is not a characterist	e to provide formal evi ics of dysle	e additional de aluation or dia xia.	evelopmental of gnosis. This in	observations formation will
		nt and decide how well it or every statement.	describes to	he child. C	ircle the appro	priate numbe	r. Be sure to
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		ith spelling Ity learning letter names	1	2	3	4	5
2. Has/h	ad difficu	Ity learning letter names				-	
2. Has/h	ad difficu ad difficu ding out v	Ity learning letter names	1	2	3	4	5
2. Has/hi 3. Has/hi (sound	ad difficu ad difficu ding out v	Ity learning letter names Ity learning phonics words)	1	2	3	4	5
Has/h Has/h (sound Reads Reads Requii	ad difficu ad difficu ding out v slowly below gr	Ity learning letter names Ity learning phonics words)	1 1 1	2 2	3 3	4 4	5 5 5
2. Has/h: 3. Has/h: (sound 4. Reads 5. Reads 6. Require of pro	ad difficu ad difficu ding out v slowly below gr res extra blems in	Ity learning letter names Ity learning phonics vords) ade level help in school because	1 1 1 1 1	2 2 2 2 2	3 3 3 3 3 3	4 4 4	5 5 5
2. Has/h. (sound 3. Has/h. (sound 4. Reads 5. Reads 6. Requit of pro Scoring: Minimal F he score in isability (dy chool team Moderate he score in stra reading frortful reading fortful reading for rea	ad difficu ad difficu ding out v slowly below gr res extra blems in Add up Aisk (* dicates the slowland Haise dicates the g help) the ding, diffic	Ity learning letter names tty learning phonics vords) ade level help in school because reading and spelling the circled numbers and there is little in the child's cowever, if concerns about the nature cet to determine the nature ce	1 1 1 1 1 I record th development e child's prog of the difficu	2 2 2 2 2 at as the 1 at al history to gress remain lities.	3 3 3 3 3 indicate that h, further investi	4 4 4 4 4 4 4 Itself the set of t	5 5 5 5 5 5



Center News

Center Staff Achieve CALP Certification

Congratulations to Jennifer Flipse, Erin Alexander, and Melinda Hirschmann for achieving national certification as Certified Academic Language Practitioners (CALP) through the Academic Language Therapy Association (ALTA). They qualified for this certification after completing a one-year training course, the associated practicum, and passing the Alliance National Registration Examination.



Jennifer Flipse, Ph.D., CALP, director



Erin Alexander, Ed.S., NCSP, CALP, assistant director for clinical services



Melinda Hirschmann, Ph.D., CALP, assistant director for educational services and school outreach

Recent

State, Regional, National, and International Conference Presentations

"Disentangling the Contribution of Direct Instruction and Practice on the Remediation of the Word Recognition Deficits of Children with Dyslexia" interactive poster presentation by Tim Odegard, Jennifer Flipse, and others at the 25th Annual Meeting, Society for the Scientific Study of Reading, Brighton, England, July 19, 2018

"Dyslexia in the Schools: What School Psychologists Need to Know" presented by Erin Alexander at the Mid-South Conference for Psychology in the Schools, Huntsville, Alabama, Oct. 16, 2018

"Identification of Dyslexia: A Hybrid Model" presented by Erin Alexander and Tim Odegard at the 2018 annual conference of the International Dyslexia Association, Manshantucket, Connecticut, Oct. 26, 2018

"Modernizing Orton-Gillingham Methodologies" presented by Tim Odegard, Emily Farris, and others at the 2018 annual conference of the International Dyslexia Association, Manshantucket, Connecticut, Oct. 27, 2018

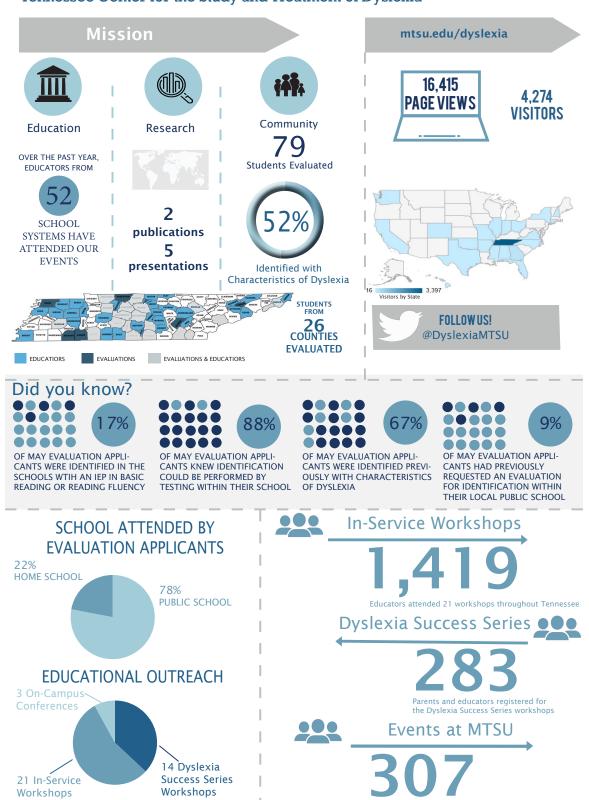
"Trouble with Words: an Overview of Dyslexia; 10 Strategies to Maximize Your Small Group Reading Intervention; Phonemes and Graphemes and Morphemes... Oh My!" presented by Melinda Hirschmann at the 2018 annual conference of the Literacy Association of TN, Murfreesboro, Dec. 3, 2018



FY 2018 Update



Tennessee Center for the Study and Treatment of Dyslexia



Educators attended our on-campus events



Workshops and Conferences

Registration Is Now Open for These Events:

Dyslexia Success Series

Dyslexia Success Series workshops for educators continue on Feb. 23, and March 16. Topics include:

- Direct Vocabulary Instruction: Listening, Speaking, Reading, and Writing, presented by Jennifer Flipse, Ph.D.
- Reading Comprehension Strategies at the Sentence, Paragraph, and Text Level, presented by Jennifer Flipse, Ph.D.

A parent-focused Dyslexia Success Series workshop on Feb. 23 will offer information on

- **Understanding School-Based** Identification of Characteristics of Dyslexia, presented by Erin Alexander
- Structured Literacy Instruction: What It Is and Why It Works, presented by Emily Farris, Ph.D.



Explicit Instruction: The Magic Is in the Instruction March 22-23, 2019, presented by Anita Archer, Ph.D.

To optimize learning, students require bell-to-bell instruction; clear lesson goals; structured lessons with an introduction, body, and close; embedded formative assessment; active participation; consistent monitoring of performance; effective feedback; and judicious practice. Dr. Archer will review the research on explicit instruction and demonstrate its application across grade levels and domains. The first day will focus on the design of instruction and the second day on the delivery of instruction.

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